

# REDUCING STIGMA



## *Conversation Cards*

USAID Regional Health Integration to Enhance Services, North-Lango (RHITES-N, Lango)



# Conversation Card No.1



# Conversation Card No.1

## Discussion Questions

1. What is going on in this picture?
2. Why do you think people are talking about her?
3. How do you think she feels know people are talking about her?
4. Do you think gossip can be harmful to a person on treatment (or having experienced GBV)?
5. What can be done to reduce this kind of gossip?

## Messages

1. Gossip may seem harmless, but it can be harmful to people on treatment and who have experienced GBV.
2. Gossip makes people feel rejected, isolated and alone.
3. People need positive support to stay on treatment and recover from GBV so they can live healthy and productive lives.

# Conversation Card No.2



# Conversation Card No.2

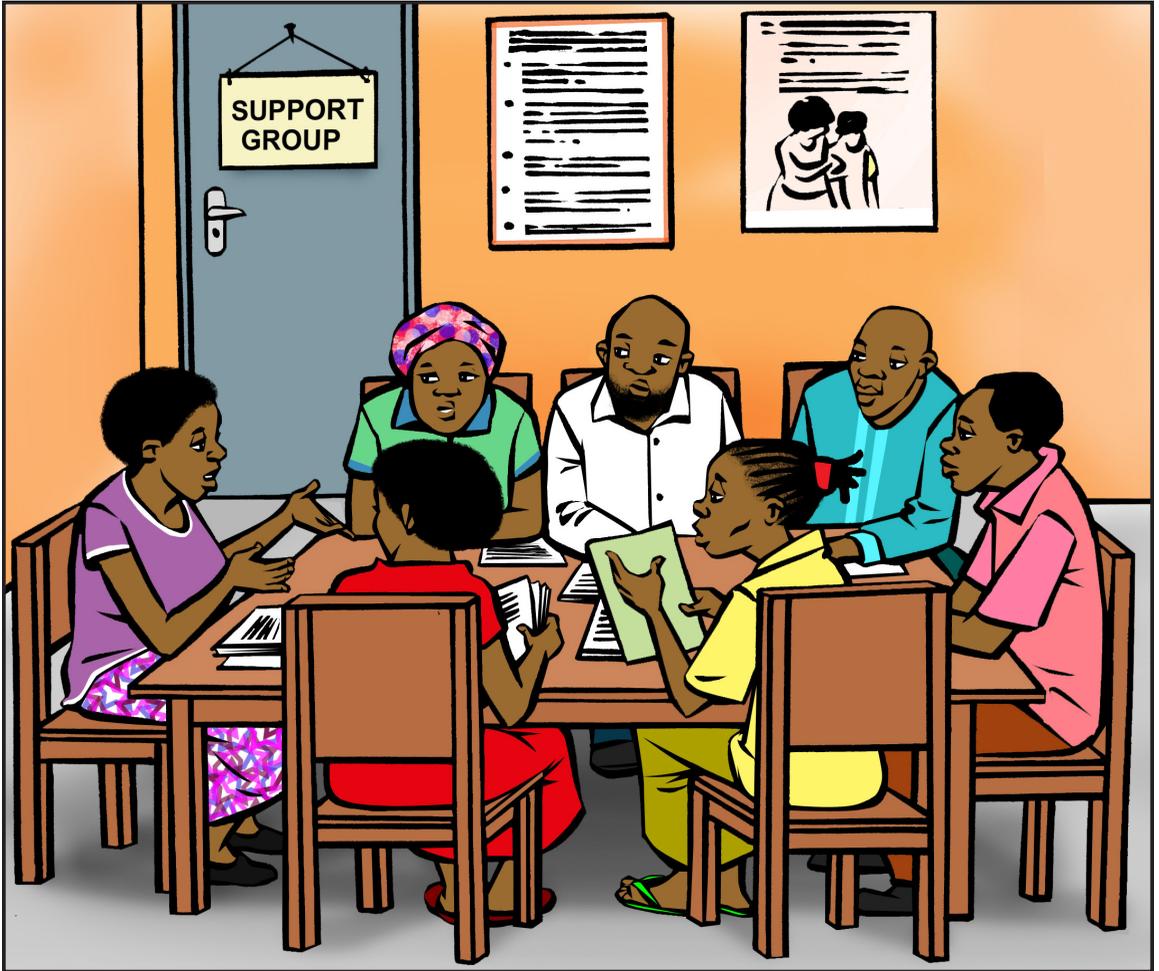
## Discussion Questions

1. What do you think is going on in this picture?
2. Do you think talking to her friends is helping Rose?
3. Why is it helping her?
4. What can her friends do to support Rose and make her feel supported?

## Messages

1. Friends can help support people on treatment or who have experienced GBV by talking and listening to them, avoiding gossip and discouraging others who spread gossip.
2. Your support can help people on treatment stay on treatment and stay healthy and productive.
3. People who have experienced GBV, need support of friends and family to recover and feel safer from GBV so they can live healthy and productive lives.

# Conversation Card No.3



# Conversation Card No.3

## Discussion Questions

1. What is going on in this picture?
2. Rose is attending a meeting for people living with HIV, what do you think happens at this group?
3. Why are these groups important?
4. Do you have groups like this in your community?

## Messages

1. Support groups at health facilities offer care and support to keep people healthy and living positively.
2. Gossip and comments about people on treatment can discourage people from going for the care and treatment they need.
3. Support community members who are keeping healthy by staying on treatment. They are keeping themselves, their families and others in the community healthy.

# Conversation Card No.4



# Conversation Card No.4

## Discussion Questions

1. What do you think is going on in this picture?
2. Why are the children avoiding Rita?
3. Is there any reason to be worried that she has TB and is taking treatment?
4. What can be done to help Rita feel included?
5. Has this ever happened in your community?

## Messages

1. People who are on TB medication are not infectious.
  2. When a person completes his/her treatment he/she is well and does not have TB.
  3. It is hard for children to understand when other children ignore them. They need to have support to keep on their treatment and stay healthy.
  4. Talk to your children how harmful name-calling and exclusion can be for a child on treatment.
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# Conversation Card No.5



# Conversation Card No.5

## Discussion Questions:

1. What is going on in this picture?
2. Rita is going to school with friends, why is this important to Rita?
3. How can schools support students that are on treatment?
4. How are children in your community treated when people learn they are HIV positive or they have TB?

## Messages

1. Children need support to stay on treatment and get healthy and remain healthy.
  2. Parents, children and teachers should be sure the child is welcomed and accepted.
  3. Caring for children with HIV, TB or those who experienced GBV helps young people stay health and contribute to the community.
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