

Global Avian Influenza and Zoonotic Disease Behavior Change and Communication Support Activity



# COMMUNICATION

# W O R K S H O P

SERIES II





The Risk Communication Workshop Series is the product of many sources including the experiences of the authors in planning and handling crisis situations. The authors also would like to acknowledge several other sources: The Futures Group International, Social Marketing for Change's (SOMARC) Practical PR: Crisis Communication; Kelly Burke, First Take Communications and Sheehan Associates; The World Health Organization (WHO), and the Pan American Health Organization (PAHO) for their input in crisis and risk communication.

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August 2011







# AGENDA – Day 1

8:30-9:15 am	SESSION 1: Introduction and Ambush Video Review (45 MINUTES)	_5
9:15-9:30 am	SESSION 2: Basics on Risk Communication Planning (15 MINUTES)	_9
9:30-10:00 am	SESSION 3: Interpersonal Communication (30 MINUTES)	_14
10:00-10:15 am	TEA BREAK	
10:15-11:15 am	<b>SESSION 3: (Continued) IPC</b> (60 MINUTES) ACTIVITY: Writing behavior messages for case studies and practice IPC on camera	
11:15-11:45 am	SESSION 4: Understanding the Media (30 MINUTES)	23
11:45-12:15 pm	SESSION 5: Working with the Media (30 MINUTES)	36
12:15-1:15 pm	LUNCH	
1:15-2:45 pm	SESSION 6: Delivering Messages (90 MINUTES) ACTIVITY: Gibberish Interview: 1) on tape recorder focusing on vocal and 2) on camera focusing on vocal and visual	_53
2:45-3:00 pm	TEA BREAK	
3:00-4:45 pm	SESSION 7: Writing Message Tracks and Great Sound Bites (105 MINUTES) ACTIVITY: Analyze and construct message track and sound bites for case study	_66
4:45-5:00 pm	Daily Wrap Up (15 MINUTES)	

# AGENDA – Day 2

8:45-9:15am	Review Day 1 and Rumor Video Reviews (30 MINUTES)	
9:15-10:45 am	SESSION 8: Overcoming Communication Challenges (90 MINUTES) ACTIVITY: Anticipate questions, develop answers and practice bridging to your message for case study	84
10:45-11:00 am	TEA BREAK	
11:00-12:30 pm	<b>SESSION 9: On Camera Practice: Sound bites for case studies</b> (90 MINUTES)	
12:30-1:30 pm	LUNCH	
1:30-3:30	<b>SESSION 9: On Camera Practice: Interviews for case studies</b> (120 MINUTES)	
3:30-4:30 pm	Review Studio Videos (60 MINUTES)	
4:30-5:00 pm	Workshop Wrap Up (30 MINTUES)	

# **SESSION 1 – Introduction**

- Introduction to the training
- AMBUSH interviews

8:30-9:15 am

### What Do These Photos Have in Common?



## Shared Characteristics

- Disciplined
- Prepared
- Focused
- Professional
- Agile Flexible
- Physically Toned (mind and body)

## NBC Anchor References Ambush Interview

- Ambushes do happen!
- Preparation and planning can turn ambushes into positive tools to get your messages across



## FHI360 Ambushes YOU

- Let's review some ambushes that occurred this morning
- What did they do well?
- What could they have done better or differently?

# SESSION 2 – Risk Communication Planning Review

- Channels of communication
- Messages to be conveyed
- Materials to develop and distribute
- Operational & administrative issues
- Monitor communication

9:15-9:30 am

## Channels of Communication

Based on each audience

- Community-based communications (community meetings, house visits, loudspeaker announcements)
- Broadcast (radio or television, etc.)
- Community organizations (religious groups, women's union members, etc.)
- Community health workers/volunteers
- Telephone hotlines

What support materials will each group need?

# Messages to be Conveyed

### Decide on the messages

- Situation/ basic information
- Prevention
- Reporting / identifying new cases
- Treatment
- For further information

### Keep communications consistent and clear

# Materials to Develop and Distribute

- Review materials available
- Decide what support materials are needed by whom
- Identify gaps
- Produce additional support materials (if any)
- Develop distribution plan

# **Operational & Administrative Issues**

- Spokesperson(s)
- Approvals/Sign-off
- Budget Needs
- Checklists
- Contact Information
- Expected Media Questions
- Feedback/ Monitoring/ Review

### Keep communications consistent and clear

### **Monitor Communication**

#### **Primary or Earned Media**

- News story placement
- Distribution of materials
- Meetings and workshops

### **Secondary Results**

- Visits to web site
- Call-ins to hotlines or information lines or radio programs
- Letters to the editor
- News or feature stories

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### **Monitoring and Evaluation**

- Telephone surveys
- Omnibus surveys
- Focus group discussions

# SESSION 3 – Interpersonal Communication

#### **KEY SKILLS**

- Greeting
- Appropriate messaging
- Speaking simply
- Active listening
- Questioning and probing

#### CASE STUDIES AND ROLE PLAYING

9:30-10:00 am

# Interpersonal Communication (IPC)

### IPC, a powerful tool:

- Used during investigative interviews following outbreaks
- Used to promote prevention and control behaviors for diseases with individuals and small groups
- Used by counselors to help individuals develop their own path to behavior change

# Key Skills

- 1. Greeting
- 2. Appropriate Messaging
- 3. Speaking Simply
- 4. Active Listening
- 5. Questioning & Probing



## Greeting



### First contact sets the tone for the discussion

### First impressions are generated in seconds

### Immediately relay you are:

- Warm
- Welcoming
- Respectful
- Culturally appropriate

# Appropriate Messaging



Know the key messages you want to express before engaging with individuals

Messaging should be based on agreed upon set of control and prevention behaviors

### Ensure behavioral messages:

- are doable
- are easily understood
- will prevent and control the spread of disease
- includes a benefit or addresses an obstacle
  - during an outbreak, health benefits work well

# Appropriate Messaging

- If the risk is: Rift Valley Virus is spread by mosquitoes
- A behavior to promote is: All people should sleep under an ITN every night
- And a message might be: To protect your family, make sure they sleep under an ITN every night

# Appropriate Messaging Activity

### For the following risks:

- Disease can be spread through the blood of an animal
- The virus lives in contaminated blood in syringes
- The disease can be spread through coughs and sneezes

# What might be a behavior and corresponding message for each of the above risks?

# Speaking Simply

- Simple language increases understanding between parties
- Adjust language to accommodate literacy level of individual or group
- Take three minutes to rewrite this information in simple language: Avian Influenza is similar to New Castle disease. A virus such as Influenza A (H5NI) is highly

pathogenic. It is dangerous because it spreads quickly and has a high death rate among birds

**Possible Answer:** H5N1 is a virus that all birds can get, but this kind of virus is very dangerous because it can kill many birds fast, as it quickly spreads between animals.

### Activity: Active Listening

- Break into pairs; one person is A and one B
- For two minutes, A tells a story to B (the listener) about something that happened during the week.
- B cannot talk during the two minutes
- After two minutes, switch roles
- With your partner discuss the experience and describe moments when you felt the other was listening or not listening
- How did you feel listened to without words?

## Active Listening

# Paying attention to both verbal and non-verbal communication

### Verbal

- Repeat words
- Ask questions
- Sounds to show you are listening
- Talk at same level/language

### Non-Verbal

- Nod your head
- Look at other person, make eye contact
- Observe body language and tone of voice of other
- Use body language to show you are interested and engaged

### Example:

Community member: Good morning Officer: Good morning, how can I help you? Community member: I need to tell you something... Officer: Yes, I'm listening...

Community member: I'm so upset with my neighbor... Officer: Upset? tell me more....

Community member: Yes, it makes me so mad that he told the local official about the dead chickens in my cousin's farm.....

Officer: Mmmmm... I see...

# **Questioning & Probing**

### **Open-Ended Questions**

- To probe and find out more information
- Cannot be answered with just a word or two; need an explanation
  - Can you tell me more about what happened last week?
  - Will you please describe the symptoms?

### **Close-Ended Questions**

- To clarify or confirm information
  - How many goats are dead?
  - Where did you see the dead goats?

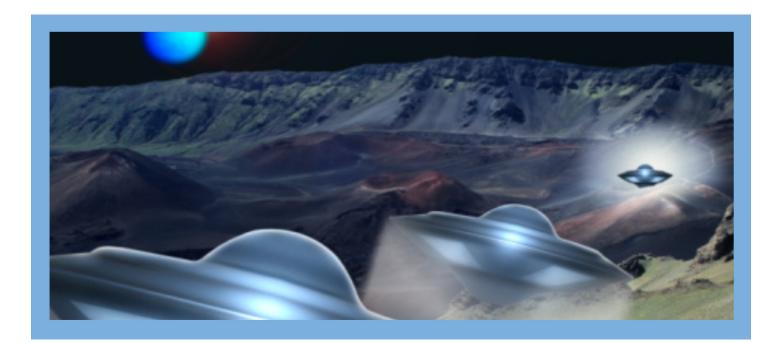
# SESSION 4 – Understanding the Media

- Types of Media
- Overall media environment
- Lack of control over media
- Characteristics of journalists

11:15-11:45am



# Planet Media



.....A Very Different Place

# Categories of News

### Hard News

- The story or event triggers the coverage need an explanation
  - Crisis communication often falls here

### Features

• The story or event triggers the coverage need an explanation

### Editorials

• Positions on the story usually developed by the editorial staff or experts

# Sources of Information

### Sources

- Government
- Industry/associations
- Other news media
- Experts

### Channel

- Interview
- Press releases
- Press Conference
- Editorial meetings/briefings

## The Interview

- Most frequent interface between you and a journalist
- Takes place in a studio, at the scene, at an office or they intercept you on your way somewhere
- Radio interviews often over the phone
- Your words will be filtered through journalist's interpretation of the message
  - -Often only want a good 5-10 second sound bite
  - -Selection of words by journalist may change the thrust of your message

## Planet Media – Alien Environment

### Is it round or is it flat?



- "It's like they just want a quote for a story they've already written."
- "To them, perceptions become reality whether they are true or not."
- "Media logic? If it looks like a duck, swims like a duck and quacks like a duck, then it must be a cow."

### Case Example: MMR & Autism

- Medical community view gets only about 5 seconds of the entire story

   Interview was probably at 30-60 minutes long
- All support or facts are edited out of the medical communities clip



# Law of the Galaxy

# You don't control the terrain

# Ultimate Challenge



• Navigate in an environment you don't control

### • You have limited control over

- -Framing
- -Other sources
- -Questions
- -Editing
- -Outcome

# Law of the Galaxy

# 2

# There are inhospitable inhabitants

## Planet Media – Landscape

- Global technological information explosion/ digital revolution
- More distribution outlets beyond mainstream media

   Internet-Pew Study ('09): internet surpassed all
   other media except TV as outlet for news
  - -Social media: information travels faster than ever with more impact (Egypt, Libya, Syria, Yemen, etc.)
- Real time reporting 24/7

   Requires continuous posting and updating
   More demands on time (never enough!)
- Increased competitive pressures

   More tabloid approach and toxic headlines
- Institutional/operational pressures prevent thoughtful treatment of information
  - -Consolidations, budget cuts
  - -Fewer staff, resources, support. Must do more with less

• Information clutter

-"Swine Flu" search on Google - 5.4 million hits -More confusion, less clarity

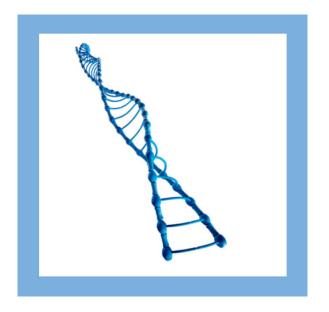
### Silo Context/access

- -More "narrowcasting"
- -Audiences turn to sources that support preconceived views

"The irony of the information age is it has brought new respectability to uninformed opinion."

-John Lawton, Journalist, 1995

## Planet Media – DNA



- Journalists are inherently skeptical
- Don't like to be told how to do their jobs
- Don't want to be obligated to serve authority
- Don't like to be manipulated
- Don't like to be corrected
- Don't like to be lied to
- Don't like arrogant or condescending newsmakers
- Don't like dull newsmakers or stories
- Don't like complexity
- Don't like to spend too much time on anything
- Don't think they need to be educated

## Planet Media – Unalterable Orbit



#### Are/Aren't

-Are going to use some things -Aren't going to use other things

### Can/Can't

-*Can use some things* -*Can't use other things* 

# NO MATTER WHAT YOU WOULD LIKE THEM TO USE

# SESSION 5 – Working Effectively with the Media

11:15-11:45am

- Planning Phase what to do before there is a public health situation
- Response Phase what to do during a public health incident

## The Good News In Health Crises, the Media Need You

- They recognize a public health crisis is different
- They know a health crisis is an important, newsworthy story
- They know their audiences expect them to provide accurate and complete information
- They recognize they need sources of expertise to give them information and verify reports

## Two Phases

- Risk Communication Planning what to do before there is a public health situation
- Risk Communication Response what to do during a public health incident

## Phase One: Planning phase

## What The Media Want

- News-specific events, tangibles not ideas vor abstractions
- Quick convenient access
- Information that is simple, concise, clear
- Timely subjects and trends
- Visual
- Emotional
- Conflict/Controversy

## Not All Media Are Created Equal



G99-495447 [RM] @ www.visualphotos.com

## Not All Media Are Created Equal

#### When working with the media:

- Be fair don't play favorites
- Respond to all media reasonably
- Keep it simple
- Downplay sensationalism even if provoked
- Know each outlet's "slant" and reporting requirements (i.e., Twitter vs. newspaper vs. TV)
- Stay in touch even when there is no news or no emergency (plan ahead)

#### Not All Media Are Created Equal Headlines from Same Day

#### **MSNBC**

Wall Street, Washington play chicken over debt Insert headlines from recent story here

#### CNN

Obama seeks compromise on U.S. debt deal *Insert headlines from recent story here* 

#### FOX

Obama, Boehner Square Off Over Debt Insert headlines from recent story here

#### AL JAZEERA

Obama attacks Republicans over debt crisis Insert headlines from recent story here

## Planning Before a Crisis

- 1. Create a risk communication plan and timeline for execution
- 2. Develop messages and materials that convey key health information
- 3. Engage reporters and editors to establish credibility and trust
- 4. Create an archive of media contacts
  - -Reporters, owners, publishers, editors, producers, assignment editors, community leaders, sports figures
  - -Phone number, address, e-mail, Facebook, Twitter
- 5. Become familiar with past stories and interests to understand the "slant"
- 6. Make a list of story ideas
- 7. Prepare to provide assistance in setting up those stories
- 8. Create an news/media link with reference materials on your website

## Phase Two: Response Phase

## Response to a Crisis

- 1. Prepare and distribute materials that reflect the known situation
- 2. Update news/media links on your website
- 3. Make experts available
  - -Include epidemiologists and officials that are authorized to speak for the government
- 4. Provide updates as new information is known (Do not have a briefing just to have a briefing)
- 5. Balance risk to avoid panic
  - -Provide facts that help put risk into context
  - -Emphasize what can be done to avoid risk
  - -Avoid speculation. State what you know and where possible use data or real numbers
  - -Avoid certainty if things are uncertain
  - -Assess factors affecting public "outrage" or fear. If actions are being taken, there is less outrage and fear
  - -Accept public's emotions. Take them into account.

# Law of the Galaxy

3

Media relationships are best based on trust and credibility

## Briefing the Media



• **Objective:** Explain to the media how their role is critical and they serve their audiences by communicating your messages in a health crisis

#### • The right tone:

- -Your priority: protecting the public's health (not the public health system)
- -Informing the media, not educating them
- -Speak of the value of their efforts, not their obligation
- -You are an information resource not a gatekeeper
- -Ask not just for their help, but their ideas

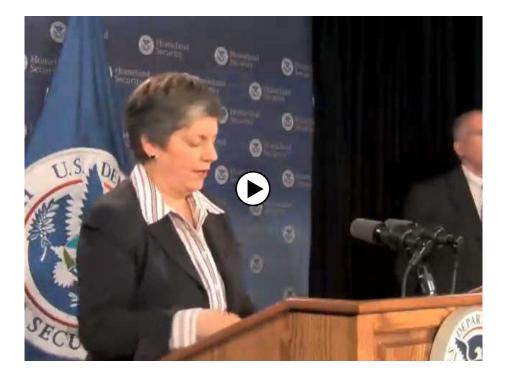
SESSION 5

# Photo Spray during U.S. Debt Talks



### **Briefing Example:** Janet Napolitano, Secretary of the Department of Homeland Security

- Held regular U.S. Government briefings with the media after the H1N1 virus outbreak in Mexico
- Prepared statement with the media



## Media Briefing Content

- 1. What the disease is and what it means
  - -Potential human impact and degree of risk to population
  - -How it is transmitted
  - -What are the symptoms
  - -Common ways to prevent
- 2. Concise list of actions and alliances that are managing the crisis
- 3. Unknowns and uncertainties for which you are seeking resolution
- 4. Consequences if information not conveyed accurately and completely to the public
- 5. Call to action: "We need your help to minimize impact of this pandemic"
- 6. Announce offering of media workshop
- 7. Brief list of resources for more information
- 8. Ask for comments or ideas to help foster better communication

# Law of the Galaxy

4

Avoid offering predictions or guarantee an outcome

## Mentoring the Media

- Follow up. Target media that may need the most input
- Provide early intervention to prevent misinformation from becoming embedded
- Offer corrections quickly
- Offer individual support:
  - -You may want to consider...
  - -Here's how others are reporting it because...
  - –I can refer you to…
  - -The misinformation could cause problems
    - for people...
- Provide additional resources that are simple and clear
- Suggest a follow-up story
- Monitor stories and provide additional feedback
- Offer media workshop

**Goal:** To hear the media say, "Thanks for helping us get it right."

## Briefing Example: Sue Matthews, Niagara Health System

- Regular National Health Service briefings after a *C. difficile* outbreak in Ontario, Canada
- Matthews takes questions at a briefing in an effort to keep the media informed



# SESSION 6 – Delivering Messages

The importance of the three V's in delivering messages:

- Visual
- Vocal
- Verbal

1:15 - 2:45pm

## The Three V's

#### **VISUAL: 55% of communication**

Body Language, Eye Contact, Visuals, Clothes

#### **VOCAL: 38% of communication** Pace, Pitch, Projection, Pronunciation, Pauses

#### **VERBAL: 7% of communication** Content

## Visual



#### **Dress comfortably**

- Warm colors (avoid black and white)
- Keep patterns to minimum; Avoid plaid or herringbone
- Keep jewelry to minimum

#### Maintain eye contact

- With host and camera to appear attentive, respectful and involved
- Treat camera as one person in your audience
- Make contact with camera when making an important point

## Visual



#### **Body language**

- At ease and confident
- Sit comfortably in neutral position (not slumping; not with a jutted chin)
- If standing, stand solid
- Too many or too few gestures say I'm uncomfortable with what I'm saying
- Symmetry in gestures promotes confidence and credibility

#### Visuals

- You lead and visuals complement
- Simple and clear

## Vocal



Project easy, assured air of informality and confidence (visual too!)

In interviews, use conversational voice as though talking to one person

#### Pace

- Studies suggest fast talkers are more credible to non-like-minded audience while slow talkers are more credible to like-minded audiences
- If trying to influence keep a fairly crisp pace

#### Pitch

- Rising inflection at end of statement seems questioning lack of credibility
- Downward inflection at end of statement authoritative and in-control or possibly condescending

## Vocal



#### Pronunciation

• Voice clarity and proper pronunciation of words holds the audience better

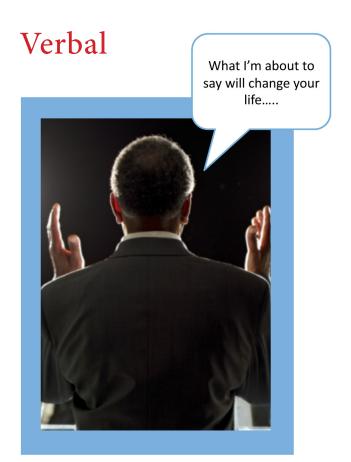
#### Projection

• Loud enough to have a decent inflection range; less inflection makes people feel that you don't believe what you are saying

#### Pauses

- Hold attention, can make people sit on the edge of their seat
- Underscores importance of what is to be said

#### **SESSION 6**



#### Use short sentences

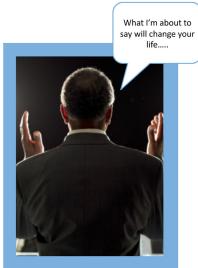
#### Use words with few syllables

# Remember your job is to educate, persuade and illuminate your audience

State important facts first

Include "news bites"

## Verbal



#### Be personal to connect with the audience

- Use interviewer's name once or twice
- Use anecdotes

Never lie. If you don't know the answer just say so and offer to follow up later

Correct untrue statements and back them up with factsTurn negative questions into positive answers

Avoid uhs, ums, likes, etc...

## Credibility

### Depends on:

- Who you are (an expert?)
- Delivery (excellent use of "Vocal and Visual" make you seem more credible)
- Message (Verbal)

#### Start with high credibility and sustain it

• First impressions count!

## Visual and Voice

• Dr. Fleming, CDC, speaks of exciting aspects of healthcare reform in a monotone voice



- Mayor Fenty: Shiny bald head is distracting
- John McCain lack of eye contact causes speculation





## Radio – A "Cool" Medium



- Be dynamic
- Speak with enthusiasm and color, at a crisp pace
- Deliver messages that are direct and to the point
- Listen carefully to others, keep notes to organize thoughts
- Use short sentences, simple words, variety in voice inflection
- Avoid voice patterns that can lull audience to sleep

## Television – A "Hot" Medium



- Speakers must tone down and not be overly animated
- Added visual dimension—55% of communication

## Activity

Record audio gibberish interviews focusing on Vocal

Film video gibberish interviews focusing on Vocal and Visual

After listening or watching each recording, answer:

- 1. Overall, how did the person make you feel?
- 2. Did they seem trustworthy? Likable? Were you for or against them?
- 3. How was the tone and pace of their voice?
- 4. How were their body language and facial expressions?
- 5. What did they do well and where could they improve

# SESSION 7 – Writing Message Tracks and Sound Bites

3:00 - 4:45pm

• Importance of having well-designed

messages

- Creating message tracks
- Converting messages into sound bites

#### Case Background: Measles Outbreak in Milwaukee, WI, 2008



- Higher number of measles cases across the country in 2008
- 2nd infection confirmed in Milwaukee
- Concerns that people who do not vaccinate their children may be to blame
- 2nd case was said to be vaccinated as a child
- Infectious disease expert interviewed about the new cases

### Case Analysis: Measles Outbreak in Milwaukee, WI, 2008

- Initially, laid back smirky/smug body language
- Uses jargon and convoluted at times
- Makes hypothetical guesses
- Most important: no message, just an answer

Answers — especially weak ones — are not enough. You must have messages!

# Law of the Galaxy

5

You should never be surprised by anything YOU say

## **Effective Messaging**

#### You are not just reporting facts or data You Are Telling Your Story!

- Messages influence perceptions
- Messages give broader meaning to answers
- Messages divert attention from negatives
- Messages give you more control

## **Designing Messages**

Address the key question: Why should I care?



#### Important



Relevant (What's in it for me?)

## **Designing Messages**

#### Set Objectives

#### **Define Target Audience**

#### Strategize

- Messages should incorporate YOUR objectives
- Respond to anticipated questions

#### Prepare/Test/Refine

#### Practice

## Success is achieved through FOCUS..... Not just knowledge

## Messaging Gone Awry

• Vice President Joe Biden only gives personal view about preventing H1N1 and does not state US public health policy



• White House does damage control regarding Biden's remark, but takes an "unbelievable" approach



## Message Development Process

#### Analyze

- Establish objective
- Define target audiences
- Provide background justifying your view
- Analyze opposition points and other vulnerabilities
- Brainstorm preliminary ideas for messages
- Remove information that is irrelevant, redundant, too complex or toxic

#### Analyze

- Summarize common themes into 3 or 4 topline messages that are simple and clear
- Add support and proof points under topline messages
- Add an overall, middle theme that represents case being made
- Review and add message enhancers (sound bites)
- Develop list of bridges to take `you back to your messages

## Tips for Constructing Messages

- Stay positive
- Clear
- Concise
- Simple
- Focused



## Message Track Template

**Top Line Message 1** Talking Points: Support & Proof-Msg 1

**Top Line Message 2** Talking Points: Support & Proof-Msg 2



**Top Line Message 3** Talking Points: Support & Proof-Msg 3

**Top Line Message 4** Talking Points: Support & Proof-Msg 4

#### Case Analysis: H1N1 vaccine shortage; Dr. Anne Schuchat, Director CDC and Kathleen Sebelius, Secretary HHS

- Both stay on message with the Verbal
- One has Voice, Visual and Messaging better





#### Message Track: Dr. Anne Schuchat, CDC Director

More vaccines are coming out every day

There will be widespread availability for schools and doctors offices in November

Don't worry, the vaccines will be widely available Stay informed about what is available near you and where the vaccine is offered

Other prevention you can do while awaiting the vaccine includes staying home if you're sick, washing your hands, and covering your cough or sneeze.

#### Message Track: Kathleen Sebelius, HHS Secretary

Almost ½ the population will receive the first vaccines: PW, HCW, children 6-24 months w/underlying conditions and older adults w/underlying conditions

First doses are coming out 10 days ahead of schedule We will be distributing the vaccine to 90,000 sites across the country

You can find local information about where to get the vaccine on www.flu.gov

We will be distributing the vaccine to 90,000 sites across the country

## Enhancing Your Messages

Media looking for a short quote (5-10 seconds) they feel summarizes your point

Control selection of words by media by dropping the sound bite(s) into your interview several times(repeat)

#### Tips for creating sound bites and quotable phrases:

- Specific examples
- Analogy
- Three Cs:
  - -Cliches
  - -Colorful words
  - -Contemporary references
- One liners
- Anecdote
- Personal experience
- Quotations
- Absolutes
- Meaningful numbers
- Appropriate humor

## Activity

#### Work on case studies

- Based on the messages you created for the IPC activity, construct a message track and support statements
- Feel free to further refine your messages
- Enhance top line messages for great sound bites

## **RVF Message Track**

To ensure the upcoming Eid is a joyous occasion, appoint one person to handle all aspects of slaughtering. This person should wear gloves or plastic bags during the slaughter and never slaughter sick or dead animals. These simple slaughtering tips will help keep your family safe from Rift Valley Virus.

- 1. The vast majority of human infections are a result or direct or indirect contact with the blood or organs of infected animals.
- 2. The CDC Kenya Research Medical Institute confirmed cases of RVF in humans in the North Eastern Province in mid-December
- 3. There has never been a documented case of human-to-human transmission

There is a lock down on livestock. No livestock should be bought, sold or moved within the North Eastern Region.

- 1. RVF is able to infect many species of animals causing severe disease in domesticated animals including cattle, sheep, and goats.
- 2. Among animals, the RVF virus is spread primarily by the bite of infected mosquitoes, which can acquire the virus from feeding on infected animals.

We can prevent the spread of Rift Valley in our livestock and people If you prepare meat correctly, Rift Valley won't come knocking at your door. Always wash your hands with soap and water after handling raw meat, separate raw meat from other foods and only serve meat that has been well cooked.

- 1. RVF can be spread from ingesting uncooked or undercooked meat.
- 2. RVF virus dies at xx degrees

Outside of North Eastern Region, if your livestock is cleared as Rift Valley free they will be vaccinated.

1. Vaccination will not take place in North Eastern Region. Once an outbreak has occurred animal vaccination should NOT be implemented because there is a high risk of intensifying the outbreak.

## Marburg Message Track

Across the country, hospitals will be under a strict protocol to sterilize every needle every time to prevent the spread of Marburg. If you are receiving an injection at a hospital ask your health care worker if the needle was sterilized.

- 1. Injections with non-sterilized needles were the cause for the Marburg outbreak at All Saints Hospital in September.
- 2. The All Saints Hospital has been closed and 8 of the 17 staff have died

Your best chance of recovery lies at the health facilities. If you experience any of these symptoms: fever, chills, rash, muscle aches, nausea report to a health facility for care.

- 1. Specially equipped units have been set up to protect health workers and the public to diagnose and treat potential Marburg cases
- 2. These facilities will be able to care for and monitor all potential and confirmed Marburg patients
- 3. Reporting to a health facility also prevents the virus from spreading to other family members

Together we will control and stop the spread of Marburg Virus The buck MUST stop here. All travel in and out of the Eastern Region is banned.

- 1. Marburg virus is a dangerous disease with a roughly 50% mortality rate.
- 2. We can confirm that this outbreak has infected 108 people and there have been 76 deaths.
- 3. Transmission of the virus from person to person requires close contact with a patient.
- 4. Infection results most commonly from contact with infected blood

# SESSION 8 – Overcoming Communication Challenges

9:15 - 10:45am

- Types of Challenges
- Fatal Flaws
- Tips for Taking Control of Messages



## **Rumor Interviews**



Review the 30 second "rumor interviews"



## Health Crisis!



Want to....get away?

Dangerous or an Opportunity

Can't Eliminate the Crisis, Can Manage It!

## Communication Challenges



- Answering questions while staying on message
- Adversarial interviewers
- Misinformation gets media time
- Changing context means incomplete, inconsistent, inaccurate information
- Seeming in control in the face of unknowns
- Difficulty verifying the degree of risk and harm and assessing the appropriate level of response
- Navigating between extremes: overreaction or under-reaction

## Anthrax: Prof. Clements, Tulane University



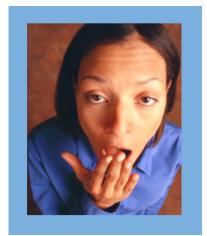
- Just answers, no message
- Leads multiple times with "I don't know" or "We don't know"...no positive

Poor Response Creates Negative Behaviors that Delay Recovery



#### Worry Warts

- Demands for unneeded treatments
- Unreasonable trade and travel restrictions



#### Apathy

- Denial
- Rejection of recommendations

## Decisions Are Not Logic Based

#### People tend to

- Simplify
- Cling to current beliefs
- Remember what they have seen or experienced before
- Develop perceptions based on first messages and messengers (remember 3 V's)
- Make perceptions reality

## Factors Influencing Acceptance of Risk

#### People more likely to accept risk:

- If it is natural as opposed to man-made
- If it is fairly distributed among the population and does not single them out
- If it is familiar (e.g., malaria) rather than something outside their experience (e.g., new virus)
- If they have some control over it
- If it affect adults vs. children

## Law of the Galaxy

# 6

## Most Wounds are Self-Inflicted



## Fatal Flaws



- Defensive
- No comment
- Cover Up
- Complexity
- Wake sleeping dogs
- Usign absolutes when unsure
- Seeming unprepared

## Fatal Flaws: MP Louise Mensch



- Initially, inaccurate information given
- Defensive
- Unprepared
- Follows questions context
- Why did she take this interview?

## Keys to Taking Control of the Message

#### Answer – Transition – Message

- Don't just answer the question. Go to your message
- Don't deny or repeat the negative
- Don't judge the question or argue
- Don't speculate, guess or hypothesize
- Don't give up the game plan
- Don't forget....you are always on

## **Transition Bridges**

#### Answer – Transition – Message

- What's most important is...
- Another thing to remember is...
- If you look closely, you'll find...
- Let me just add that...
- That reminds me of...
- What that means is...
- The real issue here is...
- That's not my area of expertise, but I think you'd be interested to know that...

## A-T-M Examples

 Michael Chertoff, Secretary of the Department of Homeland Security: Asked about the difference between Louisiana and Alabama's response to Katrina



• Bob Dudley, CEO of BP (British Petroleum): Asked if BP misled government over their crisis plans



#### Four-Part Answers

#### You should address the question before transitioning

#### Four-Part Answer

- 1. Restate the question in your own words (positive)
- 2. Give a summary statement that responds to the question
- 3. Substantiate position with examples, facts
- 4. Leave with a positive

#### Transition to message if not in answer

#### These are guidelines (not absolutes)

#### Four-Part Answer Example

# Q: What are the side effects of the vaccine for pregnant women?

[**Question Restated**] The vaccines have undergone rigorous testing for side effects and are proven to be safe for pregnant women.

[Summary Statement] The majority of pregnant women, 99%, do not have side effects. There are few women that do and those side effects – like burning or itching or light fever – are temporary and there can be relief by resting or taking an aspirin. Let me stress that the benefit and protection from a vaccine far outweigh the temporary discomfort of an injection.

[**Support**] More than 99% of pregnant women who received the vaccine reported no side effects. And the vast majority of those who did, only experience minor side effects like soreness around the injection area. There are only 4 reported cases of women with side effects who required medical assistance.

[**Switch to Positive**] But the vaccine does have an important positive side effect. The vaccine also protects the baby from illness even after birth.

## Activity

#### Continue case study work

- Develop list of anticipated questions
- Answer list of possible questions
- Develop bridges for answers that do not contain message

Use previously developed message track, anticipated question/answers and bridges to prepare for oncamera interviews! Reviewing On-Camera Interviews How Did We Do?

- How did they make you feel?
- How was the body language?
- How was the voice?
- What were key messages?
- Were the messages enhanced to become great sound bites?
- Were any supporting points used?
- Did they transition to their messages after addressing the question?