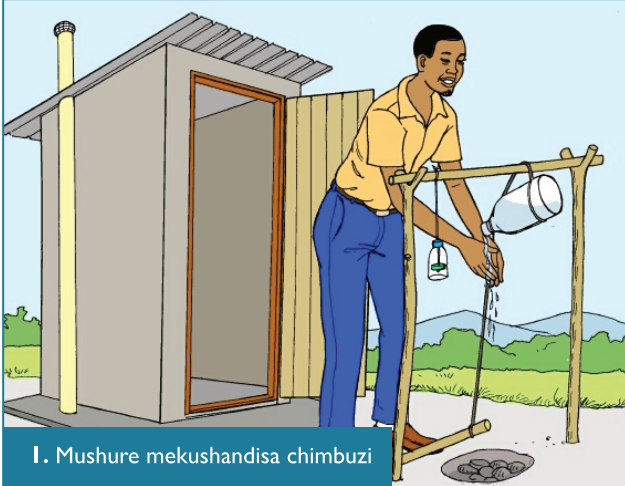


# RANGARIRA KUSHANDISA SIPO PAZVIKAMU ZVITANHATU ZVINOKOSHA ZVEKUGEZA MAWOKO



1. Mushure mekushandisa chimbuzi



2. Mushure mekuchinja mwana mutambo



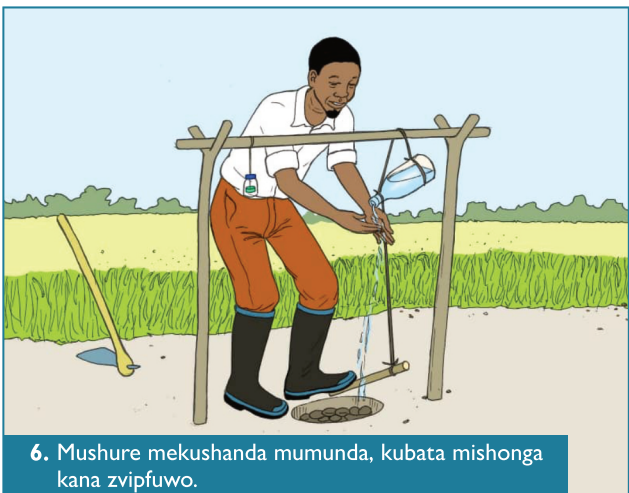
3. Musati mabata kana kubika zvekudya



4. Musati madya



5. Musati makama mukaka wemombe



6. Mushure mekushanda mumunda, kubata mishonga kana zvipfuwo.